

Winter Menu WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni cheese with petit pois <b>Da Ce</b>	Turkey & ham in the pot with roast potatoes <b>Cel</b>	Chicken, vegetable & lentil curry with basmati rice <b>Cel Ce</b>	Shepherd's pie with cut green beans <b>Cel Da</b>	Moroccan fish with pasta twirls <b>Cel Fi Ce</b>
Dessert	Honeydew melon & apricot cocktail	Natural yoghurt with strawberry puree <b>Da</b>	Chocolate custard with sliced banana <b>Da Ce</b>	Chilled vanilla rice pudding pot <b>Da</b>	Plum, mandarin & watermelon cocktail
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tomato & lentil soup with buttered high fibre roll <b>Da Ce Se Cel</b>	Tuna, vegetable & tomato pasta shells <b>Ce Cel Fi</b> Baton Cucumber	Fill your own roll ups with cheese & salad <b>Ce Da</b> Carrot Sticks	Tomato & basil pitta pizza <b>Ce Da Se So</b> Grated Carrot	Ham & grated cheese sandwiches <b>Da So Ce</b> Sweetcorn & cucumber salad
Dessert	Apple, apricot & sultana squares <b>Da Ce</b>	Date Scone <b>Da Ce Eg</b>	Banana oat cookies <b>Da Ce</b>	Apple & cinnamon loaf <b>Da Eg Ce</b>	Blueberry & banana muffin <b>Da Eg Ce</b>

Vegetarian WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni cheese with petit pois Da Ce	Chickpeas in the pot with roast potatoes Cel	Spinach & lentil curry with basmati rice Cel Ce	Bean & spinach pie with cut green beans Cel	Moroccan butterbeans with wholemeal pasta twirls Cel Ce
Dessert	Honeydew melon & apricot cocktail	Natural yoghurt with strawberry puree Da	Chocolate custard with sliced banana Da Ce	Chilled vanilla rice pudding pot Da	Plum, mandarin & watermelon cocktail
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tomato & lentil soup with buttered high fibre roll Da Ce Se Cel	Tomato & vegetable pasta Ce Cel, Baton Cucumber	Fill your own roll ups with cheese & salad Ce Da Carrot Sticks	Tomato & basil pitta pizza Ce Da Se So Grated Carrot	Cheese & Marmite sandwiches Da So Ce Sweetcorn & cucumber salad
Dessert	Apple, apricot & sultana squares Da Ce	Date Scone Da Ce Eg	Banana oat cookies Da Ce	Apple & cinnamon loaf Da Eg Ce	Blueberry & banana muffin Da Eg Ce

We list the 14 food allergens: Cereals (gluten, wheat, rye, barley, oats) Crustaceans (prawns, crab, lobster) Eggs, Fish, Peanuts, Soybeans, Dairy, Nuts, Celery, Mustard, Sesame, Sulphur dioxide, Lupin, Mollusc (clams, mussels, whelks, oysters, snails)

Halal WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni cheese with petit pois <b>Da Ce</b>	Turkey in the pot with roast potatoes <b>Cel</b>	Chicken, vegetable & lentil curry with basmati rice <b>Cel Ce</b>	Shepherd's pie with cut green beans <b>Cel Da</b>	Moroccan fish with pasta twirls <b>Cel Fi Ce</b>
Dessert	Honeydew melon & apricot cocktail	Natural yoghurt with strawberry puree <b>Da</b>	Chocolate custard with sliced banana <b>Da Ce</b>	Chilled vanilla rice pudding pot <b>Da</b>	Plum, mandarin & watermelon cocktail
Snack	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit	Fresh Chopped Fruit
High Tea	Tomato & lentil soup with buttered high fibre roll <b>Da Ce Se Cel</b>	Tuna, vegetable & tomato pasta shells <b>Ce Cel Fi</b> Baton Cucumber	Fill your own roll ups with cheese & salad <b>Ce Da</b> Carrot Sticks	Tomato & basil pitta pizza <b>Ce Da Se So</b> Grated Carrot	Cheese & Marmite sandwiches <b>Da So Ce</b> Sweetcorn & cucumber salad
Dessert	Apple, apricot & sultana squares <b>Da Ce</b>	Date Scone <b>Da Ce Eg</b>	Banana oat cookies <b>Da Ce</b>	Apple & cinnamon loaf <b>Da Eg Ce</b>	Blueberry & banana muffin <b>Da Eg Ce</b>

We list the 14 food allergens: **C**ereals (gluten, wheat, rye, barley, oats) **C**rustaceans (prawns, crab, lobster) **E**ggs, **F**ish, **P**eanuts, **S**oybeans, **D**airy, **N**uts, **C**elery, **M**ustard, **S**esame, **S**ulphur dioxide, **L**upin, **M**ollusc (clams, mussels, whelks, oysters, snails)

Winter Menu WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni cheese with petit pois <b>Da Ce</b>	Turkey & vegetables in the pot with potatoes	Chicken & vegetables with basmati rice	Shepherds pie with garden peas	Fruity cod with fusilli pasta <b>Ce Fi</b>
Fruit	Banana & Paw paw Puree	Mango & Green Apple Puree	Pear & Red Apple Puree	Cantaloupe melon & Mango Puree	Pear & Banana Puree
Tea	Cod & sweet vegetable bake <b>Fi</b>	Tuna & vegetable hot pot <b>Fi</b>	Turkey & vegetable medley	Chicken & vegetable casserole	Lamb & golden vegetables
Baby Menu					

Winter Menu WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni cheese with petit pois Da Ce	Bean & vegetable medley with potatoes	Chickpeas & vegetables with basmati rice	Lentil & vegetable pie with garden peas Ce	Fruity butterbeans with fusilli pasta Ce
Fruit	Banana & Paw paw Puree	Mango & Green Apple Puree	Pear & Red Apple Puree	Cantaloupe melon & Mango Puree	Pear & Banana Puree
Tea	Lentil & sweet vegetable bake Ce	Fruity chickpea & vegetable hot pot	Spinach & vegetable medley	Chickpea & vegetable casserole	Lentil & vegetables bake Ce

## Baby Veg Menu

Winter Menu WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Parsnip Puree	Carrot Puree	Butternut Squash Puree	Sweet Potato Puree	Cauliflower Puree
Fruit	Paw paw Puree	Green Apple Puree	Pear Puree	Mango Puree	Banana Puree
Tea	Broccoli Puree	Sweet Potato Puree	Cauliflower Puree	Swede Puree	Butternut Squash Puree

## Early Weaner Menu

Winter Menu WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Puree	Cod, Parsnip & Spinach <b>Fi</b>	Chicken, Carrot & Swede	Turkey, butternut Squash and Potato	Cod, Sweet Potato & Carrot <b>Fi</b>	Chicken, Broccoli & Cauliflower
Veg Puree	Parsnip & Spinach	Carrot & Swede	Butternut Squash Puree and Potato	Sweet Potato & Carrot	Broccoli & Cauliflower
Tea	Broccoli & Potato puree	Sweet Potato & Parsnip puree	Cauliflower & Broccoli puree	Swede & Parsnip puree	Carrot & Butternut Squash Puree
Dessert	Banana & Paw paw Puree	Green Apple & Mango Puree	Pear & Red Apple Puree	Cantaloupe melon & Mango Puree	Banana & Pear Puree

## Vegetable & Meat Weaning Menu



Winter Menu WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Macaroni cheese with petit pois Da Ce	Turkey & vegetables in the pot with potatoes	Chicken & vegetables with basmati rice	Shepherds pie with garden peas	Fruity cod with fusilli pasta Ce Fi
Dessert	Honeydew melon & apricot cocktail	Natural yoghurt with mango puree Da	Vanilla custard with sliced banana Da Ce	Chilled vanilla rice pudding pot Da	Mandarin & watermelon cocktail
Tea	Cod & sweet vegetable bake Fi	Tuna & vegetable hot pot Fi	Turkey & vegetable medley	Chicken & vegetable casserole	Lamb & golden vegetables
Dessert	Natural yoghurt with blueberry puree Da	Cantaloupe melon & peach cocktail	Natural yoghurt with apple puree Da	Natural yoghurt with pear puree Da	Natural yoghurt with banana puree Da

## Big Baby Menu